

it was a political capital along with Nara and Kyoto, and also the birthplace of lived and wrote many works in Kamakura. Blessed with the nature of the Japan's rst military government, the "Kamakura Bakufu." Warrior Minamoto ocean and surrounding green hills, Kamakura today attracts a large number no Yoritomo was appointed as Seii-Taishogun (shogun) by the Imperial Court of tourists. in 1192 and established the Kamakura Bakufu government, which is the rst military government in Japan, whereas previously the Imperial Court in Kyoto Military Culture of Kamakura

and Yuan dynasties of China prospered in the 13th century and a various aspects unely wrought armor, excellent swords, and scroll paintings depicting war, of Chinese culture, including Zen (Buddhism), Zen-style architecture, Buddhist were brought to Kamakura from across the country. Yabusame, a ritual in statures, and Chinese lacquer ware, were imported.

which the simple and strong spirit of warriors, traditional aristocratic culture, and mangu Shrine on the nal day of Kamakura Festival in April and on Septem-Chinese Sung and Yuan culture were blended, has continued to greatly in uence ber 16 every year. Japanese society down to the present day.

Kamakura began ourishing as a temple town in the 17th century. From the 19<sup>th</sup> century, it became popular for beaches, resort areas, and residential districts.

Kamakura is an ancient city that has produced its own, original culture. Once Kawabata Yasunari, a writer who was awarded the Nobel Prize for Literature,

Samurai, or warriors, in Kamakura daily re ned their martial skills to prepare After Yoritomo's death, the Hojo clan governed this area. Trade with the Sung to go to battle whenever necessary. Military culture-related goods, such as which a person dynamically shoots three arrows while riding a galloping e Kamakura Bakufu ended in 1333. But the military culture of that era, in horse, also originated here. Nowadays, Yabusame is held at Tsurugaoka Hachi-



Hasedera Temple 長谷寺 D2

An ancient temple which is said to be founded

before the Kamakura era (12th-14th centuries).

Juichimen-Kannon, the main object of worship, is

18 meters in height, which makes it one of the

argest wooden statues of Kannon in Japan. The

temple has an impressive view and beautiful ow-

ers throughout the seasons. You can experience

March to September 8:00-17:30 (last admission 17:00)

Egara Tenjinsha shrine is a Japanese native shrine

which enshrines the spirit of Duke Sugawara r

Michizane, the famous scholar, poet and political

9:00-16:00

gure, who is worshipped a

the god of learning

銭洗弁財天宇賀福神社 B2

ly the money washed in them.

Tips for Shrines and Temples

Shrine refers to Japanese native shrine and there enshrined is a variety of

deities. What is enshrined varies from shrine to shrine. Shrine called Jinja in

In front of the torii gate, which is the entrance of a shrine, bow one time

towards the main hall. Passing through the *torii*, walk along one side or the

other side of the approach, not in the center. Purify yourself at the water

pavilion called *chozuya* or *temizuya*. (Purify your hands and mouth with

water. Don't let the ladle touch your mouth!) Slightly bow, ring the bell,

toss money into the money box, and pray in the Shinto bowing and clap-

precincts, make one bow towards the main hall and the torii.

ping style (Nirei Nihakushu Ichirei). Bow slightly and leave. When leaving the

Hokokuji Temple 報国寺 C4

while admiring the beautiful bamboo trees.

Egara Tenjinsha Shrine 荏柄天神社 B4

Zeniaraibenzaiten Ugafukujinja Shrine

The waters of a spring in its cave are said to be able to multi-

amboo garden: 200 yen, Matcha green tea: 500 yen.

traditional tea ceremony is held in a beautiful

amboo grove. You can enjoy *matcha* green tea

October to February 8:00-17:00 (last admission 16:30)

Adult (age 13 and older) 300 yen, age 6 -12 100 yen

shakyo, or hand-copying a sutra.



e Great Buddha at Kotokuin is known as Kamakura Daibutsu. e height is 11.31 meters (13.35 meters including the base) and the weight

is about 121 tons. e construction of the bronze statue of Buddha as it appears today dates from 1252. Kamakura Daibutsu is the only statue of Buddha in Kamakura that is designated as a national treasure. e whole statue was gilded and placed inside of Daibutsu-den or the great Buddha hall when it was completed. It is now an outdoor Daibutsu because the Daibutsu-den building was destroyed by earthquakes and tsunamis.

April to September 8:00-17:30 October to March 8:00-17:00 Entry to the inside of Daibutsu 8:00-16:30 Adult (age 13 and older) 200 yen, age 6 -12 150 yen

Additional 20 yen for entrance to the inside of Daibutsu

Access

Take Enoshima Dentetsu Bus at Bay 1, or Keihin Kyuko Bus at Bay 6 at the East Exit of Kamakura Sta. Get o at Daibutsu-mae stop.

Take the train at Enoshima Dentetsu Kamakura Sta. and get o at the third station "Hase." About 7 minutes walk from the station.

Visiting temples and shrines

After usage, please ush the toilet.

Inside the temple, stay quiet, As a rule, do not smoke

- To take a picture of a Buddhist statue, you must obtain permission rst.

Be careful not to damage any plants.

**Rules and Manners** 

- When walking on a busy street, be careful not to block the path.

- Try not to make too much noise because most areas around shrines and

- Don't leave any waste or garbage in the precincts -please bring it home

- It is not allowed to walk in possession of a knife or other such dangerous

- When taking a picture of someone, please obtain permission rst.

Please use the toilets marked as 🚻 💆 on the map (backside).

Please avoid entering temples and restaurants only for using the toilet.

When on the bus, if you are noisy you won't hear the bus driver announc-

of Japan

Walking on the street

temples are residential areas.

In the restroom

Traveling by bus

When entering the main hall for zazen meditation and praying, shorts and sportswear are not allowed.

- At the bus stop, line up and respect the order of the line.

ing information. Try not to make too much noise on the bus.

## **Experience Japanese Traditional Culture**

Zazen Meditation

Lateness and talking are strictly forbid-

An extra charge may be applied besides the admission fee to the temple. Engakuji Temple 円覚寺 A3 2<sup>nd</sup> and 4<sup>th</sup> Sundays of the month:

Lecture 9:00-10:00 / Zazen 10:00-11:00

Reservation is not necessary. Participation in the lecture is required prior to zazen session. Saturdays:

Beginners 13:20-14:20 / From the second time 14:40-15:40

Kenchoji Temple 建長寺 B3

Zazen session / Fridays and Saturdays 17:00-18:00 Please arrive and sit 15 minutes prior to the session time.

Hokokuji Temple 報国寺 C4 Sundays 7:30-10:30 Please arrive at the main hall prior to the session time.

Experience Kamakurabori Kamakurabori is a type of wood-carving Kamakurabori Assembly Hall

(Kamakurabori Library) C3 Fridays (except 5th Friday), 2nd and 4th Saturdays, 1st and 3rd Sundays of the month 10:00-/13:00~ \*The start time changes depending on the days. Fee: adult 2,800 yer

dmission fee to the temple Komyoji Temple 光明寺 **E3** Wednesday of the month 10:00-14:00

浄妙寺·喜泉庵 C5 Matcha and sweets 600 yen / 1,000 yen Admission fee to the temple 100 yen

Hokokuji Temple (Bamboo garden)

500 yen for *matcha* plus 200 yen as admission fee to the garden. 9:00-16:00



# Historic Sites /

Jokomyoji Temple 浄光明寺 B3 ground) and yagura (cave graves) from th Kamakura era (12th-14th century Japanese clovers are beautiful in early autur

steps and the Wakamiya Shrine at the bottom of it.

at their best from January to February dedicated here.

Nationally Important Cultural Property

URL: http://www.tsurugaoka-hachimangu.jp/

Shrines and Temples

This temple is famous for its beautiful garde

Gokurakuji Temple 極楽寺 📶

Gokurakuji is an idyllic and peaceful ancient

early spring through the spring se

temple. It is a famous location for narcissus, plu

and cherry trees where many people visit from

Zuisenji Temple 瑞泉寺 B5

(winter peony) and from April to May Wakamiya Shrine

Admission Fee: Adult 500 yen, Student (age Yanaihara Pond

Yabusame Horse Track

Hongu (Main Shrine)

ngakuji Temple 円覚寺 A3

Kenchoji Temple **建長寺 B3** 

lufukuji Temple 寿福寺 🖼

he cobbled approach surrounded by trees

s beautiful. \*No entry permitted beyond the

he rst Zen temple in Japan. Zazen meditation

ession is held from 17:00 to 18:00 on Fridays and

e Bell and Shari-den Hall are national treasure:

akuji was founded in 1282.

Dankazura

**Peony Garden** 

(spring peony).

Genpei-ike Pond

13-18) 200 yen, Child (under 12) free

white lotus owers in summer.



Jochiji Temple 浄智寺 A3 In the main hall are three images of Buddha that ymbolize the past, the present and the future. e beautiful precinct of this temple is designated a national historic site.

Jomyoji Temple 浄妙寺 C5 In the temple precinct, there is a restaurant and a Japanese style tearoom where you can have *matcha* green tea (there is a charge) on the tatami oor while enjoyii the karesansui dry landscape garde





Sugimotodera Temple 杉本寺 [24] The oldest temple in Kamakura, founded in Sugimotodera has an impressive stone staircas covered with mo







Temple means Buddhist temples. Temple called Otera in Japan. Way of Praying

In front of the sanmon gate, which is the entrance to the temple, join your palms together and bow to the main hall. Silently pray in front of the main hall, without clapping. You may go and look inside the temple if allowed and if you are interested. When leaving, join your palms together and bow to the main hall.

## Museums

Kamakura Museum

of History and Culture 鎌倉歴史文化交流館 🖼

This museum, which opened in May 2017, is a place where visitors can interact, study and experience the historical and cultural heritage of Kamakura. It uses an individual house designed by the ofce of renowned British architect Norman Foster, and it presents mainly artifacts from Kamakura as well as the history of Kamakura from prehistoric and ancient times up to the modern era. Must-see attractions include the latest video exhibits that incorporate dioramas and projection mapping, a garden that resembles the landscape of the me-

dieval period, and the panoramic view of the sea from the hill. Closed: Sundays and public holidays

Museum Hours: 10:00–16:00 (last admission at 15:30) Admission Fee: Adults (ages 16 and older): 300 yen, elementary / junior high school students (ages 6 to 15): 100 yen







## Kamakura Kokuhoukan Museum

鎌倉国宝館 C4

Numerous works of art representing some of the best cultural properties passed down to shrines and temples in the neighborhood and the Kamakura city area have been deposited here, where they are safeguarded and exhibited. Because a statue of the Buddha is openly displayed here, it has the atmosphere of a temple hall, where one can feel the life force of the statue, and that is one of its appeals. The exhibited items include numerous items associated with Zen culture, making this museum an unmissable destination for learning about medieval Japan. The museum celebrates the 90th anniversary of its founding in 2018, and the main building (the exhibition hall) that was constructed when the museum opened has been designated a national registered tangible cultural

Museum Hours: 9:00–16:30 (last admission at 16:00) Closed: Mondays (the rst following weekday if the Monday coincides with a public holiday), during exhibition changing periods, special periods, and year-end and New Year holidays Admission Fees: Vary by the exhibition

生で食べるものですか?

火は通っていますか?

Is this cooked by heat?

Is this a cold dish?

冷たい食べ物ですか?

Is this raw?

## In Town

| 個だけでも買えますか? Can I buy just one of them? ちょっと試してもいいですか? Can I try this?

いくらですか? How much is this?

写真をとってもいいですか? Can I take a picture here?

トイレを使わせてください。 Let me use a restroom, please.

トイレはどこですか?

材料に何を使っていますか?

What are the ingredients of this dish?

私は宗教的な理由・アレルギーのためが食べられません。

because of a religious reason/allergy.

温かい(熱い)食べ物ですか?

Is this a warm / hot dish?

精算してください。

Check, please.



## **Medical Treatment**

Hiking Route

Shonan Kamakura General Hospital Shonan Kamakura General Hospital is a medical institution that is specied the acceptance of international patients provides with multilingual medical Languages> English, Chinese, Korean, Spanish, French,

. Kamakura Sta.(West) - Jufukuji Temple - Jokomyoji Temple - Kamegayatsuzaka Kiridoshi - Daibutsu Hiking Trail -Kiridoshi Pass- Kotokuin Temple (Great Buddha) - Gokurakuii Temple - Enoden - Kamakura Sta.(West)

Kamakura Sta.(East) - Tsurugaoka Hachimangu Shrine - Hokokuji Temple - Tenen Hiking Trail (Zuisenji entrance) -

Kenchoji Temple - Jochiji Temple - Daibutsu Hiking Trail - Zeniaraibenzaiten Shrine - Daibutsu Hiking Trail -

Kotokuin Temple (Great Buddha) - Hasedera Temple - Enoden - Kamakura Sta. (West)

and Russian <Inquiry> International Medical Support Center, Shonan Kamakura General Hospital, Iryohojin Okinawa Tokushukai Address: 1370-1 Okamoto, Kamakura-City, Kanagawa TEL: +81 467-46-1717

URL: http://www.shonankamakura.or.jp/english/section/ **AMDA International Medical Information Center** 

AMDA is an organization o ering medical information to foreign residents in Japan in their native languages. AMDA o ers telephone interpretation services free of charge. http://eng.amda-imic.com/ telephone 03(5285)8088

The audio guide (Japanese and English) is automatically activated by the mobile terminal when you get close to a sightseeing location such as a shrine or Inquiries: Rent-a-cycle at JR Kamakura Station East Exit Rental fee: 500 yen/day

Kamakura City Tourism Website

HP: http://www.city.kamakura.kanagawa.jp/kamakura-kankou/en

Publisher: Kamakura City Published on March, 2017 All information contained in this map is as of January 2017, and subject to change without notice.

Twitter:@kamakura\_ssinfo





At temples and shrines. A ritual to expel evil spirits by throwing soy beans. 2<sup>nd</sup> Sunday-3<sup>rd</sup> Sunday of April Kamakura Festival Whole city around Tsurugaoka Hachimangu Shrine.

yabusame (one day), splendid Shizuka no mai dance. Kamakura Fireworks Festival One day during late July-early August At Kamakura Beach. About 2,000 reworks are launched

September 14-16 Tsurugaoka Hachimangu Shrine Annual Festival September 15, Shinko-sai A festival to show the local community to the Great

Shinto Gods carried on portable shrines. September 16, Yabusame-shinji A dynamic Shinto ritual. An archer in a Kamakura samurai costume takes aim at three targets from atop a galloping horseback.

December 18 Hasedera Toshi no ichi Hasedera Toshi no ichi is a market along the approach to the temple. Lucky items for the New Year such as daruma dolls, calendars and kumade rakes are sold.

December 31 Joya no Kane at temples Around 11:45 p.m., each temple starts ringing a night-watch bell 108 times.



Shakyo (hand-copying a sutra) asedera Temple 長谷寺 D2 eryday 9:00 -15:00 last admission : 1,000 yen for the shakyo paper plus

ou can enjoy Japanese sweets and *matcha* green tea in an informal and easy atmosphere omyoji Temple's Kisenan (tearoom)

10:00-16:15



# Museums / Art Galleries

Kamakura Seven Kiridoshi Pass Kamegayatsuzaka B3, Kewaizaka B3, Kobukurozaka B3, Daibutsu C1, Gokurakujizaka D11, Asaina, Nagoe D4 "Kiridoshi" means a pass that was made by cutting th earth and rocks of mountains or hills.



Wakaenoshima E3 The oldest articial harbor in



Hojoshi Tokiwa Residence Site C2

The Museum of Modern Art, Kamakura Annex B3 The building is featured exude

is designed by the architect Masato Ootaka. It is opened in 1984, and is held temporary exhibitions based on the museum collections. In the front yard, contemporary sculptures exhibit and enjoy the harmony with rich of green surroundings. ©Norihiro Uer 413 44

Kamakurabori Library C3 Kamakurabori Library introduces and promotes Kamakurabori, an 800 year-old traditional craft. You can atch videotapes about Kamakurabori. A two-hour makurabori experience session is organized (reservation: sed: Monday, year-end and New Year holidays, and oth-



cultural property.

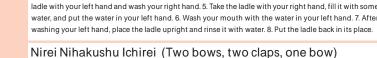


is temple is considered to be the origin of the apanese Buddhist funeral and memorial service ulture. The statue of Emma Daio (one of the Ten ngs of Hell) made in the Kamakura era (12th-14th enturies) is designated as an national important

Shrine

Way of Praying

Chozu (Temizu)





At Restaurants カードは使えますか? Do you accept a credit card? どのくらい待ちますか?

How long do I have to wait? 喫煙席を希望します。 I smoke. 禁煙席を希望します。

I don't smoke.

Where is a restroom?

