





### **Hiking Route**

Kamakura Sta. (East) - Tsurugaoka Hachimangu Shrine - Hokokuji Temple - Tenen Hiking Trail (Zuisenji entrance) -Kenchoji Temple - Jochiji Temple - Daibutsu Hiking Trail - Zeniaraibenzaiten Shrine - Daibutsu Hiking Trail -Kotokuin Temple (Great Buddha) - Hasedera Temple - Enoden - Kamakura Sta. (West)



### **Medical Treatment**

■Shonan Kamakura General Hospital Shonan Kamakura General Hospital is a medical institution that is specified the acceptance of international patients provides with multilingual medical

<Languages> English, Chinese, Korean, Spanish, French, <Inquiry> International Medical Support Center, Shonan

Kamakura General Hospital, Iryohojin Okinawa Tokushukai Address: 1370-1 Okamoto, Kamakura-City, Kanagawa TEL: +81 467-46-1717 URL: http://www.shonankamakura.or.jp/english/section/

■AMDA International Medical Information Center

AMDA is an organization offering medical information to foreign residents in Japan in their native languages. AMDA offers telephone interpretation services free of charge.

http://eng.amda-imic.com/ telephone 03(5285)8088

### **Enjoy sightseeing hassle-free!**

Location Kamakura City Tourist Association,

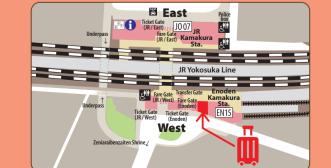
9:00 - 17:00

Kamakura Station West Exit Enoden Building 4th Floor

Business day schedule may vary Please check the website

S. 300 yen, M. 600 yen, L. 800 yen/piece

Luggage pick up after 5pm will incur additional charges equivalent of another day of service. The office closes at 5:15pm.

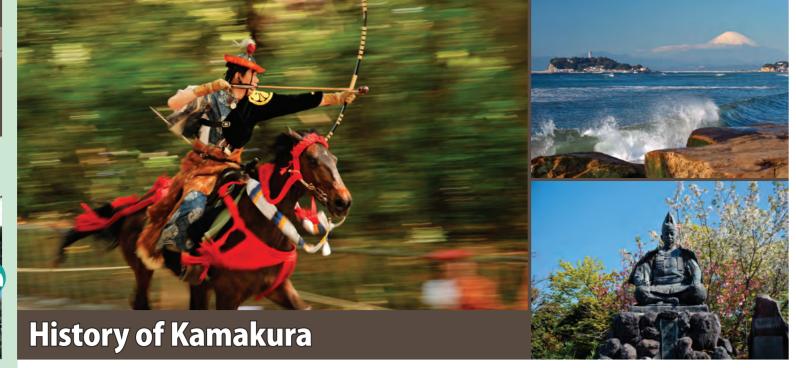


Kamakura City Tourism Department

HP: http://www.city.kamakura.kanagawa.jp/visitkamakura/en Issued June 2023

All information contained in this map is as of June 2023, and subject to change without notice. establishments and the price of each plan





Kamakura is an ancient city that has produced its own, original culture. Once Kawabata Yasunari, a writer who was awarded the Nobel Prize for Literature, it was a political capital along with Nara and Kyoto, and also the birthplace of lived and wrote many works in Kamakura. Blessed with the nature of the apan's first military government, the "Kamakura Bakufu." Warrior Minamoto ocean and surrounding green hills, Kamakura today attracts a large number o Yoritomo was appointed as Seii-Taishogun (shogun) by the Imperial Court of tourists. n 1192 and established the Kamakura Bakufu government, which is the first nilitary government in Japan, whereas previously the Imperial Court in Kyoto Military Culture of Kamakura

and Yuan dynasties of China prospered in the 13th century and a various aspects finely wrought armor, excellent swords, and scroll paintings depicting war, of Chinese culture, including Zen (Buddhism), Zen-style architecture, Buddhist were brought to Kamakura from across the country. Yabusame, a ritual in statures, and Chinese lacquer ware, were imported.

which the simple and strong spirit of warriors, traditional aristocratic culture, and mangu Shrine on the final day of Kamakura Festival in April and on Septem-Chinese Sung and Yuan culture were blended, has continued to greatly influence ber 16 every year. Japanese society down to the present day.

Kamakura began flourishing as a temple town in the  $17^{\mbox{\tiny th}}$  century. From the 19th century, it became popular for beaches, resort areas, and residential districts.

Hasedera Temple 長谷寺 D2

before the Kamakura era (12th-14th centuries).

chimen-Kannon, the main object of worship, is

18 meters in height, which makes it one of the

rgest wooden statues of Kannon in Japan. The

emple has an impressive view and beautiful flow-

rs throughout the seasons. You can experience

March to September 8:00-17:30 (last admission 17:00)

October to February 8:00-17:00 (last admission 16:30)

Egara Tenjinsha shrine is a Japanese native shrine

which enshrines the spirit of Duke Sugawara n

Adult (age 13 and older) 400 yen, age 6 -12 200 yer

hakyo, or hand-copying a sutra.

Samurai, or warriors, in Kamakura daily refined their martial skills to prepare After Yoritomo's death, the Hojo clan governed this area. Trade with the Sung to go to battle whenever necessary. Military culture-related goods, such as which a person dynamically shoots three arrows while riding a galloping The Kamakura Bakufu ended in 1333. But the military culture of that era, in horse, also originated here. Nowadays, Yabusame is held at Tsurugaoka Hachi-



# Tsurugaoka Hachimangu Shrine 鶴岡八幡宮

The shrine was originally founded in Zaimokuza in 1063 by Minamoto Yoriyoshi to be dedicated to Hachiman kami, the guardian deity of the Genji (Minamoto) clan. In 1180, the descendant Minamoto Yoritomo moved the shrine to its present site. In 1191, he set the shrine as the center of the Kamakura Shogunate (Government of Kamakura), and also modeled it into the present arrangement-the Hongu (Main Shrine) on the top of the stone steps and the Wakamiya Shrine at the bottom of it.

**Yabusame Horse Track** 

before worshipping at the shrine.

Hongu (Main Shrine)★

Maiden (Lower Worship Hall)

### Dankazura

Sando, or the formal approach to the Yabusame Horseback Archery is held here. shrine. In the spring, it is lined with **Temizuya (Water Purification Basin)** cherry blossoms and makes beautiful Visitors wash their hands and mouths **Peony Garden** 

The peonies in the shrine garden are Rituals and wedding ceremonies are at their best from January to February dedicated here. (winter peony) and from April to May Wakamiya Shrine★

Admission Fee: Adult 500 yen, Student (age Yanaihara Pond 13-18) 200 yen, Child (under 12) free **Genpei-ike Pond** 

The ponds are adorned with cherry It is the main shrine of Tsurugaoka blossoms in spring and with red and Hachimangu. Throughout the year, white lotus flowers in summer. various rituals are dedicated here.

**★** Nationally Important Cultural Property URL: https://www.hachimangu.or.jp/en/





The Great Buddha at Kotokuin is known as Kamakura Daibutsu. The height is 11.31 meters (13.35 meters including the base) and the weight is about 121 tons. The construction of the bronze statue of Buddha as it appears today dates from 1252. Kamakura Daibutsu is the only statue of Buddha in Kamakura that is designated as a national treasure. The whole statue was gilded and placed inside of Daibutsu-den or the great Buddha hall when it was completed. It is now an outdoor Daibutsu because the Daibutsu-den building was destroyed by earthquakes and tsunamis.

April to September 8:00-17:30 October to March 8:00-17:00 Adult (age 13 and older) 300 yen, age 6 -12 150 yen

### Access

Take Enoshima Dentetsu Bus at Bay 1, or Keihin Kyuko Bus at Bay 6 at the East Exit of Kamakura Sta. Get off at Daibutsu-mae stop.

Take the train at Enoshima Dentetsu Kamakura Sta. and get off at the third station "Hase." About 7 minutes walk from the station.

# **Rules and Manners** of Japan About taking photos



■ Tight and crowded locations





ing and drinking.

in such locations.

Other



designated pathways.

proximity to flam

## **Shrines and Temples**



Zuisenji Temple 瑞泉寺 B5

Kenchoji Temple 建長寺 🔢 t Zen temple in Japan. Zazen meditation is held from 17:00 to 18:00 on Fridays and

Gokurakuji Temple 極楽寺 📶 Gokurakuji is an idyllic and peaceful ancient emple. It is a famous location for narcissus, plun and cherry trees where many people visit fro early spring through the spring s

ground) and yagura (cave graves) from the

Japanese clovers are beautiful in early autum

Kamakura era (12th-14th centur

Jomyoji Temple 浄妙寺 (5)

In the temple precinct, there is a restauran

and a Japanese style tearoom where you can

Sugimotodera Temple 杉本寺 [4]

The oldest temple in Kamakura, founded in 734

Sugimotodera has an impressive stone staircase

have matcha green tea (there is a charge)

on the tatami floor while enjoyin

covered with mo

cultural property.

the karesansui dry landscape garder



# ufukuji Temple 寿福寺 🚱

Jochiji Temple 浄智寺 A3

a national historic site.

n the main hall are three images of Buddha that

mbolize the past, the present and the future.

Meigetsuin Temple 明月院 A3

admire its famous hydrangeas.

Ennoji Temple 円応寺 🖽 🗎

unded in 1160, Meigetsuin is known for the

eauty of its karesansui dry landscape garden and

ther garden behind the main hall where you

temple is considered to be the origin of the

panese Buddhist funeral and memorial service

Iture. The statue of Emma Daio (one of the Ten

ngs of Hell) made in the Kamakura era (12<sup>th</sup>-14<sup>th</sup>

ituries) is designated as an national important

e beautiful precinct of this temple is designated

beautiful. \*No entry permitted beyond the Jokomyoji Temple 浄光明寺 🚯 Jokomyoji contains yato (small valley-shape



### Zeniaraibenzaiten Ugafukujinja Shrine 銭洗弁財天宇賀福神社 B2

he waters of a spring in its cave are said to be able to multi-

ly the money washed in them.

Hokokuji Temple 報国寺 (4)

pamboo grove. You can enjoy *matcha* green tea

nboo garden: 300 yen, Matcha green tea: 600 yen.

while admiring the beautiful bamboo trees.

Egara Tenjinsha Shrine 荏柄天神社 B4

## **Tips for Shrines and Temples**

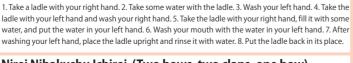
Shrine

Shrine refers to Japanese native shrine and there enshrined is a variety of deities. What is enshrined varies from shrine to shrine. Shrine called Jinja in

### Way of Praying

In front of the *torii* gate, which is the entrance of a shrine, bow one time towards the main hall. Passing through the *torii*, walk along one side or the other side of the approach, not in the center. → Purify yourself at the water pavilion called *chozuya* or *temizuya*. (Purify your hands and mouth with water. Don't let the ladle touch your mouth!) → Slightly bow, ring the bell, toss money into the money box, and pray in the Shinto bowing and clapping style (Nirei Nihakushu Ichirei). Bow slightly and leave. When leaving the precincts, make one bow towards the main hall and the torii.







Temple means Buddhist temples. Temple called Otera in Japan.

### Way of Praying

In front of the sanmon gate, which is the entrance to the temple, join your palms together and bow to the main hall. → Silently pray in front of the main hall, without clapping. → You may go and look inside the temple if allowed and if you are interested. → When leaving, join your palms together and bow to the main hall.

## Experience **Japanese Traditional Culture**

### **■**Zazen Meditation Lateness and talking are strictly forbid-

An extra charge may be applied beside

the admission fee to the temple. Engakuji Temple 円覚寺 A3 2<sup>nd</sup> and 4<sup>th</sup> Sundays of the month: Lecture 9:00-10:00 / Zazen 10:00-11:00

zazen session. Saturdays: Beginners 13:20-14:20 / From the sec-

tion in the lecture is required prior to

Reservation is not necessary. Participa-

### ond time 14:40-15:40 Kenchoji Temple 建長寺 B3 Zazen session / Fridays and Saturdays 15:30-16:30

Please arrive and sit 15 minutes prior to the session time. Hokokuji Temple 報国寺 C4

Sundays 7:30-10:30 Please arrive at the main hall prior to the session time.

# ■ Shakyo (hand-copying a sutra)



Riding the Enoden Line and the Bus

Used Ticket Box and PASMO/Suica Touch Panel

### ■ Matcha Experience You can enjoy Japanese sweets and matcha

green tea in an informal and easy atmosphere Jomyoji Temple's Kisenan (tearoom) 浄妙寺·喜泉庵 C5

Matcha and sweets 600 yen / 1,000 yen Admission fee to the temple 100 yen 10:00-16:15

Enoden Line

The Enoden (Enosh

Railway) is a railway that

connects Kamakura to

Enoshima and Fujisawa.

You can buy tickets

at the ticket vending

There are many stations

without station atten-

dants. When you have

no time to buy a ticket

and get on a train, you

can buy a replacement

ticket from an on-board

conductor. When get-

ting off at a station with

no attendants, you may

give your ticket to a near-

by conductor, or put it in

a used ticket box.

Suica cards.

- You may use PASMO/

machine.

Hokokuji Temple (Bamboo garden)

600 yen for matcha plus 300 yen as admission fee to the garden. 9:00-16:00 (Doors close at 15:30



# 鎌倉彫資料館 (3) Kamakurabori Museum introduces and promotes Kamakurabori, an 800 year-old traditional

**Experience** 

Kamakurabori

Saturdays (2nd or 4th) Sundays (1st or 3rd) 10:00-12:00 Minimum party size is 6 people.

at the front of the

bus: Tell the driver

vour destination.

and pay the amount

required, or touch

your PASMO/Suica

card on the touch

- When getting on at

the back of the bus:

option.

panel.

Experience

Please contact us to participate. Fee: Round tray adult 3,800 yen elementary / junior high school students (ages 6 to 15): 3,000 yer

touch your PASMO/Suica card on the touch panel.

- You can get up to 1,000 yen changed on the bus.

For bus and Enoden travel around the Kamakura

area, the one day "Kamakura Free Kankyo Tegata"

(one-day free pass) is a very useful and inexpensive

- You may use PASMO/Suica cards.

Kamakurabori is a craft made by carving wood and coating with layers of the

urushi lacquer. This technique is known as mokucho-saishitsu. The artists first

draw the patterns for decoration on the wood, mainly katsura (Japanese Judas

tree ) and engrave the patterns to create vessels and furniture. The effect of

other days

Kamakurabori Museum

organized (reservations needed).

Please contact us for details.

urushi coating makes the work strong and enhances its expression.



raft. You can watch video about Kamakurabori.

two-hour Kamakurabori experience session is

Closed: Monday and Tuesday, NewYears, and

# Museums

### **■**Kamakura Museum of History and Culture

## 鎌倉歴史文化交流館 🖼

This museum, which opened in May 2017, is a place where visitors can interact, study and experience the historical and cultural heritage of Kamakura. It uses an individual house designed by the office of renowned British architect Norman Foster, and it presents mainly artifacts from Kamakura as well as the history of Kamakura from prehistoric and ancient times up to the modern era. Must-see attractions include the latest video exhibits that incorporate dioramas and projection mapping, a garden that resembles the landscape of the medieval period, and the panoramic view of the sea from the hill.

Museum Hours: 10:00–16:00 (last admission at 15:30) Closed: Sundays and public holidays Admission Fee: Adults (ages 16 and older): 300 yen, elementary / junior high school students (ages 6 to 15): 150 yen







At Restaurants

カードは使えますか?

喫煙席を希望します。

禁煙席を希望します。

I smoke.

I don't smoke.

Do you accept a credit card?

どのくらい待ちますか?

How long do I have to wait?

### 鎌倉国宝館 (4) Numerous works of art representing some of the best cultural properties

passed down to shrines and temples in the neighborhood and the Kamakura city area have been deposited here, where they are safeguarded and exhibited. Because a statue of the Buddha is openly displayed here, it has the atmosphere of a temple hall, where one can feel the life force of the statue, and that is one of its appeals. The exhibited items include numerous items associated with Zen culture, making this museum an unmissable destination for learning about medieval Japan. The museum celebrates the 90th anniversary of its founding in 2018, and the main building (the exhibition hall) that was constructed when the museum opened has been designated a national registered tangible cultural

Museum Hours: 9:00–16:30 (last admission at 16:00) Closed: Mondays (the first following weekday if the Monday coincides with a public holiday), during exhibition changing periods, special periods, and year-end and New Year holidays Admission Fees: Vary by the exhibition

### In Town

Can I try this?

1個だけでも買えますか?

いくらですか? How much is this?

Can I take a picture here?

Let me use a restroom, please. PASMO/Suica Touch Panel

When you get on, take a numbered ticket, or touch your PASMO/Suica card on the touch panel. When getting off, check the electronic board, and pay the amount indicated for the number on your ticket. If you use PASMO/Suica,







I can't eat  $\bigcirc\bigcirc$  because of a religious reason/allergy.



私は宗教的な理由・アレルギーのため○○が食べられません。





温かい(熱い)食べ物ですか?

Is this a warm / hot dish?

精算してください。

Check, please.

Can I buy just one of them? ちょっと試してもいいですか?

写真をとってもいいですか?

トイレを使わせてください。

トイレはどこですか? Where is a restroom?









生で食べるものですか?

火は通っていますか?

Is this cooked by heat?

Is this a cold dish?

冷たい食べ物ですか?

材料に何を使っていますか?

What are the ingredients of this dish?

Is this raw?





